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— Inc.

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A proud member of the
Pennsylvania Coalition Against
Rape, Pennsylvania Coalition
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and The National Coalition
Against Domestic Violence.

Survivors, Inc.

Volume 3, Issue 1

Winter 2009

Thoughts from the Executive Director

It boggles the mind that it is now the year 2009. 2008 passed so quickly yet had such an impact on many lives. At Survivors, Inc. we found it to be a year of many successes and many challenges. Challenges that will continue through this year and most certainly into the next year. Providing Sexual Assault, Stalking and Domestic Violence services, we see the best and worst of human nature. We see both direct and indirect effects of battering, of rape, of one individual believing that they have the right to control another through force, power, control, intimidation, fear and physical harm. We see the impact that this has on the children. We also see the incredible resolve and resilience of the people who choose us for services, their bravery and desire to have a violence free life. We greatly appreciate those who lend their time, their energies, their resources and gifts to the agency to ensure that those who seek help from us will in turn have their needs met, and that life will be a bit better for them. We are fortunate to be in such a warm and generous community where folks work individually and collectively to help others, and collaboration- a term often tossed about as a trite buzzword in the nonprofit arena- is embodied and is the foundation of most, if not all, efforts and services. We at Survivors, Inc. are grateful; we would not be successful without you.

As we reflect on the successes of the not too distant past, we have several challenges for the future. The platforms for the 2008 Presidential Campaigns revolved around change. No matter your political leanings, one thing is certain, there will be change. How will those changes impact victim service agencies such as Survivors, Inc.? For the large part we can only speculate, but one thing is certain- the 2009-2010 fiscal year is going to be a tremendously tough one financially with impending budget cuts from State and Federal funding sources (one cut will be 18.25%). I have often used the analogy of being pecked to death by ducks. That analogy no longer applies, as the loss of funding from so many different directions can be compared to something far more devastating than a mere 'peck' of a duck's bill here and there. We will see decreases in VOCA, unless the advocacy currently underway is successful, STOP funds are decreasing, and two of our largest funding sources are preparing for cuts and changes in formularies that will impact agencies in the next funding year. I spoke to one leader of a victims service agency, who upon hearing of the impending cap to VOCA (despite the fund not being tax payer money and despite the fund being flush with cash- over 2 billion dollars in reserve) and the resultant 18.25% funding cut, began to cry and stated their agency would have to shut its doors. Can you imagine a woman with her small children, finally finding the opportunity to seek safety and services, often with only what she could grab on the way out the door- arriving to an agency that is locked, dark, and closed? Can you imagine a person who is in crisis, who was just raped- calling for help to the 24/7 hotline and hearing the recording that the number is no longer in service? Can you imagine the people that will fall through the cracks as other social service providers- mental health, drug and alcohol, children and youth, and even the police and legal system attempt to meet the need when they are already stretched as well? Not only is that a cost in dollars and cents, but it is a huge cost in human life and suffering. Luckily, Survivors Inc. as an agency is in a bit better position than the person I was speaking to- for now. The community has empowered us through the generosity of those in Adams County and the surrounding areas. Now in the face of

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New Staff

The Survivors staff has continued to grow in number and in depth. We would like to welcome several staff members; Eva Domalski, Amanda Swint, Karen Pope and Danielle Kitner. Danielle Ott, a long time volunteer for us has now also joined the staff part-time and has assisted in the children's group and hotline.

In addition to the new staff, Colleen Dixon has gone from part-time to full-time employment with us. We welcome all of you and as always, Survivors, Inc strives to serve our clients to the best of our abilities.

JARS

Justice Autonomy
Restoration Safety

On February 7 through March 28th the training class for Survivors, Inc. volunteers will meeting at the Gettysburg College Campus. Following the 64 hour training and a 10 hour practicum, the participants will be able to volunteer for Survivors, Inc. in a variety of ways; assisting with educational presentations, health fairs, group support and hotline services.

Continued from cover

impending challenges and certain struggles, we again look to the community to assist us in serving those who are the most vulnerable, and providing them with the services and the options to make the journey from victim to survivor.

We thank you for your support, and we humbly ask for your continued support in the uncertain path ahead. Your gifts of volunteerism and of donation allow us to advance our mission person by person. We can make a difference ... one person at a time. The residents of Adams County have made it clear that intimate violence is not acceptable.

If you would like to learn more about how you can be of assistance in advocating for raising the cap on VOCA, or assist the agency directly, please contact Terri Hamrick at 717-334-0589 extension 22.

Wish List

Twin sheets
Twin bedding
Mattress covers
Pillow covers
New Towels
Sports bras (S, M, Lg)
Socks
Underwear (all sizes)
Pajamas
Sweat suits (S, M, Lg)
Paper products
Cleaning supplies
Floor lamps (no halogen)
Phone cards
Gift cards
Storage containers for under the bed
Blender
Food processor
Professional carpet & Upholstery cleaning

***Special request for a pick up truck in good condition for the purpose of picking up donations and assisting clients with moving large items.*

Reindeer Food

Over the Christmas holiday, there were several businesses who allowed us to offer bags of "Reindeer Food" for a donation. The money collected will be used specifically for the items and materials needed for the children's programs which we offer at the shelter. We would like to acknowledge the businesses listed below for supporting us in this effort.

Battlefield Harley-Davidson, Creations by Chris Hair Salon, Classic Cuts, Christian Book Store, Dunlaps' Restaurant and Bakery, The Gap Outlet, Georgia's Mane Attactions, Grace Kelly Salon, La Petite Salon, The Rose Garden Natural Foods Co., Runk's Kicken Kitchen, Sundance Kid Hair Salon, Town and Campus Hair Care, Inc.

Volunteer Spotlight . . .



In our volunteer spotlight, we feature the Managers of the Gap Inc. Outlet's Baltimore District. The 5 managers, along with their District Manager wrapped presents for 5 hours as a volunteer effort for Survivors. Some of them traveled over 150 miles to meet here in Gettysburg. Through the Gap Foundation, Gap Inc. supports its employees commitment to give time to their community by matching volunteer time with monetary donation through the field team grant program. Because of this event Survivors received a \$250 check from the Gap Foundation. In addition to this effort, the local Gap Outlet allowed us to wrap gifts for monetary donations in their store the weekend prior to Christmas. We thank the Gap management and their employees!



Survivors, Inc. wishes to recognize the continued support of Community Benefits Real Estate for their generosity and support during the 2008 Holiday season.



The Hanover Network Exchange Team is a business networking group who meet at La Cucina Italian Restaurant the 1st and 3rd Wednesday of every month. Visitors are always welcome - no R.S.V.P required - just stop in! For more information contact Catherine Lockey at 717-586-8386 or go to www.networkexchangeteam.com. Grow your business with NExT!

Sexual Assault Awareness Month

The 2009 Sexual Assault Awareness Month's activities and events are now being scheduled. The focus for 2009 is to Prevent Sexual Violence...in our workplaces. Respect Works! Survivors, Inc. is available to present Sexual Harrassment presentations for local employers and also Bystander Intervention presentations for community groups. If you would like more information on these topics contact:

Dawn Edwards,
Community Education Specialist @
717-334-9777 or e-mail:
dawn@survivorsservices.org

Stalking, It Isn't a Game, It's a Crime . . .

January, 2009 marks the 6th National Stalking Awareness Month, and yet many of you may not know what stalking is, how to know if it is happening to you and if it is . . . what to do about it.

There have been numerous calls on the hotline where, after initial sharing of information, the staff person will inform the caller that they may be a victim of stalking. The caller may want to go for a Protection From Abuse (PFA) order but with very little evidence, or no evidence, of physical threat or abuse, the PFA would not apply. However, they may be able to take other legal action. Stalking is a crime in Pennsylvania and there are two basic elements to the crime: (1) The stalker must complete at least two acts of unwanted stalking behavior, no matter how close or far apart in time they are and (2) The victim must experience reasonable fear of serious bodily injury or *substantial emotional distress*. It is the County District Attorney who makes the final decision to file criminal charges in criminal cases, including stalking charges.

This particular crime is different than many because the gathering of evidence is not the responsibility of law enforcement but on the shoulders of the victim. The victim is the target and the primary witness to the stalker's attempts.

First, we ask the victim; "Have you verbally or in any way indicated that you want the contact to stop?" If not, we suggest sending a Defiant Trespass Letter which is sent by certified mail to the other party telling them that they do not want them near their home, work, or school and that they do not want any contact with them in any way. We suggest that they make a copy of the letter and give it to the police to go on record that they have indeed forewarned the individual.

At this point, we suggest to the callers to keep a log which states the date, the incident, witnesses, and if there was a police report, the officer's name and reference to the report. By keeping an accurate record this ensures the best possible evidence of "course of conduct" and is submittable as evidence as stalking behavior.

IF YOUR CHILD IS BEING STALKED

- Inform the child's teachers and administrators at their school. Give a description of the stalker and instructions on who is permitted to pick them up.
- If the stalker is another student, encourage the administration to consider strict punishment, such as: expulsion, suspension or transferring the offending student to another school.
- Avoid circumstances where they are left alone.
- Inform the neighbors and ask them to call police if they see the stalker.
- Provide the child with cellular phone/personal alarm.
- Try not to isolate your child, he is the victim. Keep them active in extracurricular activities and educate them on ways to stay safe.

The tips below are taken in part, from *Stalking: A Handbook for Victims* by Emily Spence-Diehl, which you can download from the website www.ncrs.org/src.

- *If you file multiple reports, have the department file them together and reference the previous reports.*
- *If reports are filed in separate jurisdictions, be sure that each jurisdiction has copies of the others' report. This will show a pattern of behavior, also referred as course of conduct.*
- *If you can bring a victim advocate with you to file the report, do so. The presence of a third party may be beneficial.*
- *Report each incident, no matter how insignificant they seem. Law enforcement will file incident reports rather than filing charges which, when used collectively, will support the stalking case by evidence of a pattern of behavior.*
- *Keep all evidence, no matter how offensive or disgusting, don't throw anything away. Log it in the journal and report it to the police. You don't have to read every letter, just turn it into the police.*
- *If you are receiveing messages via the internet on e-mail or webspaces, it is traceable. Print out all contact messages, do not cut and paste, but print with all necessary coding on it. You can also report harassment to your Internet provider (such as AOL, Comcast or Embarq) because this is in violation of internet user agreements.*
- *Don't change your phone number but instead add another line and allow them to continue to call and leave messages, again, just building the case for stalking. Only give the new number to close family and friends. Use call trace (typically *57) immediately after a harassing telephone call and notify police that you have traced the call.*
- *Tell everyone you are with on a day to day basis that you are being harassed and stalked. Give them a description of them and their vehicle so they may keep an eye out for you and inform you if they should notice the individual. This can also be logged in the journal.*

By taking the necessary steps to build a case on stalking, you are helping yourself and law enforcement. In 76% of intimate partner femicides, the victims had been stalked by their intimate partner. Understanding stalking and the seriousness of the offense is in part, homicide prevention.

WEB SITES:

Survivors of Stalking: <http://www.soshelp.org>
Stalking Victims Sanctuary: <http://www.stalkingvictims.com>
The Anti-Stalking Website: <http://www.antistalking.com>
National Victim Center: <http://www.nvc.org>

National Hotlines:

National Victim Center (NVC): 1-800-FYI-CALL (394-2255)
National Organization of Victim Assistance (NOVA)
24 Hour Line: 1-800-TRY-NOVA (879-6682)
National Resource Center on Domestic Violence
1-800-537-2238

Save The Dates . . .

National Teen Dating Violence Awareness and Prevention Week

February 2 - 6, 2009

Men Against Sexual Violence Meeting Dates

January 22, 2009
February 26, 2009
March 26, 2009
April 23, 2009

Gettysburg College
Science Center room 153
6 - 8 pm
Food is included

2nd Annual Nearly New Sale

Battlefield Harley Davidson
April 4 & 5, 2009

March 18 - 19
@ Mount Saint Mary's

NCAA approved speaker Dr. Keith Edwards - He is a national speaker and trainer on diversity, social justice and college men's issues. His sexual assault prevention work, Men Ending Rape, is also widely respected and acknowledged. He is a leader in higher education on social justice education, recently founding and currently Chairing the ACPA Commission for Social Justice Educators. His dissertation, "Putting my man face on": A grounded theory of college men's gender identity development was recently recognized as ACPA Dissertation of the Year.



Rotary Club of Gettysburg Invites You to Join Us for the Capitol Steps Newest Show



ORDER NOW

March 28, 2009

Evening - 8PM: \$40, \$37, \$34

Matinee - 3PM: \$36, \$33, \$30

Call the Majestic Theater for
Tickets: 337-8200 or go to
www.gettysburgmajestic.org

*Benefits Rotary Club of Gettysburg
Community Fund*

A TASTE OF *Summer*

May 22, 2009

Wyndham-Gettysburg

Art with a Heart
in memory of Kristal Bentzel
February 21, 2009
Bethel Assembly of God Church

194 Service Center
 Lin Ackerman
 Adams Co. Medical Society
 Adams Co. National Bank
 Adams Co. Rescue Mission
 American Legion Auxiliary
 Annonymous Donor
 Annonymous Donor
 Annonymous Donor
 Debra Angel
 William E. Atkins
 B & K Appliance Parts
 Mary Baskerville
 Katie Baltzley
 Bay City Restaurant
 Beauchat & Beauchat LLC
 T.J. Beauchat
 Susanne Behler
 Richard Beimler
 Bendersville United
 Methodist Church
 Ann Biggar
 Deb Blessing
 Lois B. Boenau
 Lisa Bollinger
 Paulette Brabender
 Carol Brawner
 Kathy Brawner
 Barclay D. Brooks
 Brownie Troop # 1717 & 705
 Cassandra Buhrman
 Hal Camlin
 Cannon Cleaning
 Louise Carson
 Carolyn Carter
 Catholic War Veterans Post
 Church Women United
 Joe Clabaugh
 James Codori
 Comfort Keepers
 Conewago Township
 Wayne Conover
 Roberta and James Cooke
 Laurine L. Cooke
 Ronald Couchman
 Ruthe Craley
 Jack Crist
 Pat J. Crowner
 Sue Currens
 Carol A. Davis Culp
 Deborah's Angels II
 Carol Detweiler
 Donaldson's Farm Market
 Guy Donaldson
 Margery Donovan
 Joe Dougherty
 Jeanne Duffy
 Jane Eiker
 Ricardo Elbo
 Barbara M. Eriksen
 George Eschbach, Jr.
 FOE Eagle Riders
 Facilities Services
 Yvonne Fair
 First Evangelical Lutheran Church
 William Fleming
 David Flesner
 Sue Flesner
 Lawrence Folkemer
 Erica Ford

Robert Fortenbaugh
 GFWC Apple Valley Women's Club
 Gastley's Moving & Storage
 Georgia's Mane Attractions
 Gettysburg Baptist Church
 Gettysburg Battlefield Detachment
 Gettysburg Bike Week, Inc.
 Gettysburg Chapter 392
 Gettysburg Hospital
 Gettysburg Lions Club
 Gettysburg Presbyterian Church
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 Patsey Gochenour
 Ann Goropoulos
 Esther Goropoulos
 Joseph Grzybowski
 Kathleen Guidroz
 Mary S. Hahn
 Jamie Harner
 Carol Hegeman
 Valerie N. Henderson
 Thomas Hendrickson
 Hickory Bridge Far Inc.
 Lucille Hill
 Hockley & O'Donnell
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 Dennis Huchs
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 Pat Kimple
 Danielle Kitner
 Knouse Food
 Cooperative, Inc.
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 Bradley Kopp
 Koret
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 Barbara Lang
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 Ada Lewis
 Betsy Liou
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 William C. Lower
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 Marine Corp League
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 & Market
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 Order of the Eastern Star
 Pauline Orner
 Danielle Ott
 Ralph Oyler
 PA Interfaith Community
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 Alanna Sanderson
 Cathy Sanderson
 Kathrine Schneider
 Marian Schultz
 William Scott
 Sensations Bar & Grill
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D O N O R S

Many thanks to all that have so generously supported Survivors, Inc. advancing the mission of assisting those impacted by sexual assault and domestic violence. Those listed were donations which were accepted between 9/16/08 and 12/31/08.

Survivors, Inc. 2007 - 2008 Annual Report can be accessed on-line: www.survivorsservices.org.

Survivors supports those who experience domestic violence or sexual assault and strives to create a world in which violence against women and children is unthinkable.

Survivors, Inc.
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terri@survivorsservices.org

We are on the web!
www.survivorsservices.org



Nonprofit
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Donations are welcomed by Visa/MasterCard or check made payable to Survivors, Inc.: _____ \$25 _____ \$50 _____ Other

Name (as it appears on card)

Billing Address

Credit Card Number

3 digit security code

Expiration Date

The official registration and financial information of Survivors, Inc. may be obtained from the Pennsylvania Department of State by calling toll free (800)732-0999. Registration does not imply endorsement. Our registration number is 3789.

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